

Baby Osteopathy

Osteopaths treat a wide range of conditions and ages, even the newborn baby. Because of its gentle nature, cranial osteopathy is particularly applicable to babies.

A recent Parent says, “We took our son for Osteopathy at The White Practice at 4 weeks old, he was unsettled and had a lot of tummy pain. After a couple of treatments, he settled down completely and his tummy pain resolved. We thoroughly recommend Osteopathy for babies”.

All our Osteopath’s attend regular training courses, for example recently Kelly attended a weekend course centred around breastfeeding issues such as the latch and tongue tie. Kelly says “the relationship between baby and mother during breastfeeding is so unique to each family. Occasionally there is a mechanical barrier to successful feeding and that is what, as osteopaths we look at to help mothers and babies have a calmer, more relaxed feed”.

If you would like to make an appointment for a ‘baby check-up’ with Kelly or Nikki who specialise in treating babies we run a baby clinic every Wednesday morning. To book online visit www.thewhitepractice.co.uk or phone us on 01453 832515.

The White Practice is located in Market Street, Nailsworth, Gloucestershire.

Nick White, Kelly Haines and Nikki Straughan are members of the Institute of Osteopathy (iO). The iO is the largest membership body of Osteopaths in the UK and works to unite, support, develop and promote the osteopathic profession for the benefit of patient health.